

Emergency First Aid at Work

EFAW

Description:

To teach delegates the basic aspects of dealing with emergencies, with an emphasis on those occurring in the workplace. You will learn how to deal with 'life threatening' situations as well as recognising and responding to some of the more common ailments that can occur in the workplace.

Objectives:

On completion of the course, delegates will be able to identify and address:

- Roles and responsibilities of the designated person
- Roles of the first aider
- Principles of first aid
- Legal requirements and employer and employee responsibilities
- First aid kits
- Aims and priorities of first aid
- The emergency action plan
- Cardiopulmonary resuscitation
- Use of an automated external defibrillator (AED)
- The recovery position
- The modified resuscitation position
- Providing first aid to an unconscious casualty (including seizures)
- Carrying out a secondary assessment
- Choking
- First aid for minor injuries
- Wounds and bleeding
- Tourniquets
- Haemostatic dressings
- Shock

Course Size:

The maximum number of delegates per session is 12.

Prerequisites:

Nil.

Suitability:

This accredited course does not fully replace the need for a full first aid qualification. It is designed to complement those who are fully qualified. It is suitable for anyone in a working environment, as well as those who simply want to learn how to provide emergency first aid.

Typical Interest Groups:

Any employer, employee or the general public.

Qualification:

In line with HSE recommendations, on completion of the course delegates will be issued with an Emergency First Aid at Work certificate. This is valid for 3 years and can be updated with annual refresher courses.

Duration:

7 Hours

