

# **Face Fit Testing** Train the Trainer

#### **Description:**

The Health and Safety at Work Act 1974 sect. 2 requires employers to prevent harm to their employees, while Regulations 6 to 9 of the Control of Substances Hazard to Health require employers to: carry out a suitable and sufficient risk assessment; prevent exposure; and determine and manage controls. Respiratory protective equipment (RPE) that doesn't fit/provide protection puts employees at risk of harm and employers at risk of prosecution. Respirators should fit well and work in conjunction with other RPE to prevent exposure. To determine fit, a 'fit test' must be carried out by a competent person who understands the risks and procedures. This course provides training in: conducting fit tests, inhalation anatomy, risk, the importance of correct RPE and the importance of recording findings.

### **Objectives:**

On completion of the course, delegates will be able to:

- Understand their role and responsibilities
- Carry out Face Fit Tests
- Demonstrate their ability to manage candidates who require Face Fit testing
- Understand how to enforce the correct guidelines for candidates prior to Face Fit testing
- · Understand the use of different assessment techniques
- Understand the need for accurate record keeping
- Describe the effects of fumes and chemicals on the lungs and human body.

## **Prerequisites:**

Nil. However, candidates must have a face fit test kit with them for the training. You can either bring your own or let us know a week in advance and we can arrange one for you from the Arion shop.

#### **Duration:**

3 Hours



#### **Qualification:**

On completion of the course, delegates will have the basic knowledge and practical skills to carry out face fit testing.

#### Course Size:

The minimum number of delegates per session is 3. Maximum 6.

# **Suitability:**

This course is ideal for anyone who is new to trainin and would like to carry out Face Fit Tests on their colleagues in the workplace.

# **Typical Interest Groups:**

Those with responsibility for the safety of their employees and/or others.



