

Hand Arm Vibration (HAV)

Description:

Vibration white finger is the most common and debilitating symptom of over-exposure to vibrating tools. There is no effective vibration PPE to prevent Hand Arm Vibration Syndrome (HAVS). Symptoms are under-reported and compensation awards can be as high as £200,000. This course raises awareness of HAVS and enables people to recognise and manage the effects of vibration. Delegates will learn what hand arm vibration is, how it's caused and how to prevent injury. The course is delivered through a combination of practical and theoretical sessions.

Objectives:

On completion of the course, delegates will be able to identify and address

Legal requirements and duties of:

- Employers
- Employees
- Manufacturers and suppliers
- The basic theory of vibration
- Health effects
- Hand Arm Vibration Syndrome (HAVS)
- Determining vibration levels
- Determining vibration exposure
- Controlling exposure
- Health surveillance
- Personal Protective Equipment (PPE)
- Risk assessing and when to seek help

Suitability:

The course is aimed at anyone who uses, supervises or manages vibrating tools or those who use vibrating tools such as drills, grinders, nail guns, impact tools etc. in their work role.

Prerequisites:

Nil.

Typical Interest Groups:

- Building contractors
- Renovators
- Fitting out companies
- Road construction companies
- Carpenters/joiners
- Welders
- Machine operators
- Plant operators, etc.

Qualification:

On completion of the course, delegates will receive a certificate of competence.

Course Size:

The maximum number of delegates per session is 12.

Duration:

7 Hours

