

Manual Handling

Description:

Manual handling accidents account for the largest number of lost workdays/claims against employers due to lack of/inadequate training. In 2006/07 9,450,000 working days were lost and the average fine per conviction by the HSE was £29,997.00. This course is based on the Manual Handling Operations Regulations 1992 and introduces delegates to the hazards and risks associated with manual handling. The course outlines what to expect in a manual handling assessment and enables employees to develop safer manual handling techniques.

Objectives:

On completion of the course the delegate will be able to:

- Explain what is meant by 'manual handling' and give examples
- Explain how manual handling can cause injury and give examples
- Explain the principles of controlling manual handling risks and apply them in a practical context.
- Demonstrate a general understanding of the value and purpose of carrying out a manual handling assessment and what employees can expect from such assessments.
- Demonstrate an understanding of the key provisions of the Manual Handling Regulations through practical application.

Suitability:

This qualification will benefit anyone in the workplace - providing information and essential techniques to prevent injury when moving objects.

Typical Interest Groups:

All employers and employees in all work environments.

Qualification:

On successful completion of a post-course assessment, candidates are awarded a certificate of competence. Employees can use the certificate to demonstrate the level of health and safety knowledge they have achieved.

Course Size:

The maximum number of delegates per session is 12.

Prerequisites:

Nil.

Duration:

3 Hours

