

# **Paediatric First Aid**

## **Description:**

A practical course that meets OFSTED requirements for paediatric first aid. Designed to meet the specific needs of nursery staff and childminders, the course covers first aid for children from birth to puberty. Participants will learn how to treat the most common injuries and illnesses in children and how to resuscitate a child if necessary.

### **Objectives:**

On completion of the course delegates will be able to recognise/manage/treat:

- · The role of a first aider
- Legislation and regulations
- · First aid kit use and contents
- Incident management First aid priorities
- Cardiopulmonary resuscitation
- Use of an automated external defibrillator
- · Casualty assessment
- Anaphylaxis
- · Eye and ear injuries
- Choking
- · Bleeding & wounds
- Use of tourniquets
- · Unconscious casualties
- Asthma
- Foreign objects in eyes, ears & nose
- Shock
- · Basic life support adult, child & infant
- · Burns and scalds
- Childhood illnesses
- Febrile convulsions
- Extreme heat & cold
- Poisoning, bites and stings
- Electrocution
- Head, neck & back injuries

#### **Duration:**

2 Days x 7 Hours



### **Suitability:**

Anyone who works with or cares for children - you will learn skills and techniques to help you cope with emergencies involving children. Parents/guardians may also wish to learn skills to deal with emergencies in the home.

#### **Qualification:**

On completion of the course, participants will receive a 'Paediatric First Aid and Appointed Person' certificate, valid for one year.

#### Course Size:

The maximum number of delegates per session is 10.

### **Typical Interest Groups:**

Designated persons, child minders, primary teachers, social workers, care assistants, play leaders/assistants - anyone who works with children, as well as parents/carers.

**Prerequisites:** 

Nil.



