

The Principles of Manual Handling

Description:

Manual handling accidents account for the largest number of lost workdays/claims against employers due to lack of/inadequate training. In 2006/07, 9,450,000 working days were lost and the average fine per HSE conviction was £29,997.00. The highest incidence of manual handling injuries was in the care sector, accounting for well over 50% of injuries last year. This course is designed in accordance with the Manual Handling Operations Regulations 1992 to introduce candidates to the hazards and risks associated with manual handling, specifically moving and handling. The course outlines manual handling assessments and enables employees to develop safer moving and handling techniques.

Objectives:

On completion of the course delegates will be able to:

- Explain what is meant by the terms 'moving and handling' and give examples;
- Identify and explain the most likely causes of injury;
- State the principles of risk control and apply them in a practical context;
- Demonstrate a general understanding of the value and purpose of carrying out a handling risk assessment and what employees can expect from such assessments.
- Demonstrate an understanding of the key provisions of the Manual Handling Regulations.
- Demonstrate their skills in a variety of manual handling situations involving moving people.

Qualification:

On successful completion of a post-course assessment, candidates are awarded a certificate which is valid for one year. Employees can use the certificate to demonstrate the level of health and safety knowledge they have achieved, as well as the practical experience they have gained.

Typical Interest Groups:

All employers and employees in environments where people are moved, e.g. care homes.

Course Size:

The maximum number of delegates per session is 12.

Duration:

3 Hours

Suitability:

The course is aimed at anyone that works in environments where noise levels are an issue, or where there is prolonged contact with noise. Employers that need to understand/be better informed to manage noise effectively will benefit.

Prerequisites:

Nil.

