

Working at Height (WAH)

Description:

The course covers in detail: the legal duties imposed by the Work at Height Regulations 2005, the risk assessment process (a legal requirement for all work at height) and the hierarchy of controls. The course discusses height avoidance and safe places to work, as well as common work equipment such as MEWPs (scissor lifts, self-propelled booms and personnel lifts), mobile access towers, platforms, ladders/steps and harnesses/lanyards, to help select the most appropriate and cost-effective work equipment.

Objectives:

On completion of the course, delegates will be able to identify and address:

- Legal requirements and employer and employee responsibilities
- Falls from height - statistics
- WAHR - Hierarchy of control
- Risk assessment
- Safe workplaces
- Escape, rescue and evacuation plans
- Inspection and maintenance of
 - MEWPs
 - Towers
 - Podiums
 - Ladders & Steps
 - Harnesses
- Fall Protection
- Equipment Selection
- Theory paper + review

Suitability:

Anyone involved in working, planning, supervising or managing work at height.

Prerequisites:

Nil.

Qualification:

On completion of the course, delegates will receive a certificate of competence.

Typical Interest Groups:

Builders, renovators, contractors, road contractors, ground workers, plant operators. Anyone involved in working, supervising or managing work at height.

Course Size:

The maximum number of delegates per session is 12.

Duration:

3 Hours

